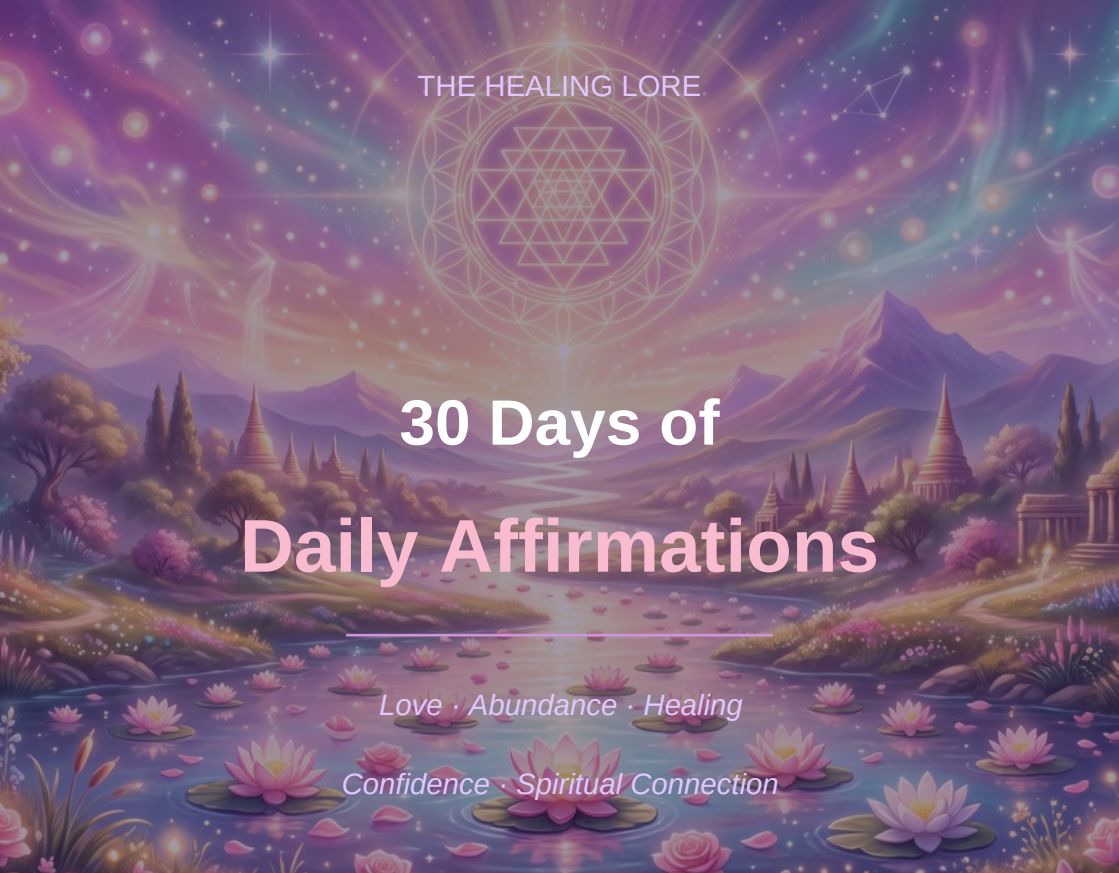




THE HEALING LORE

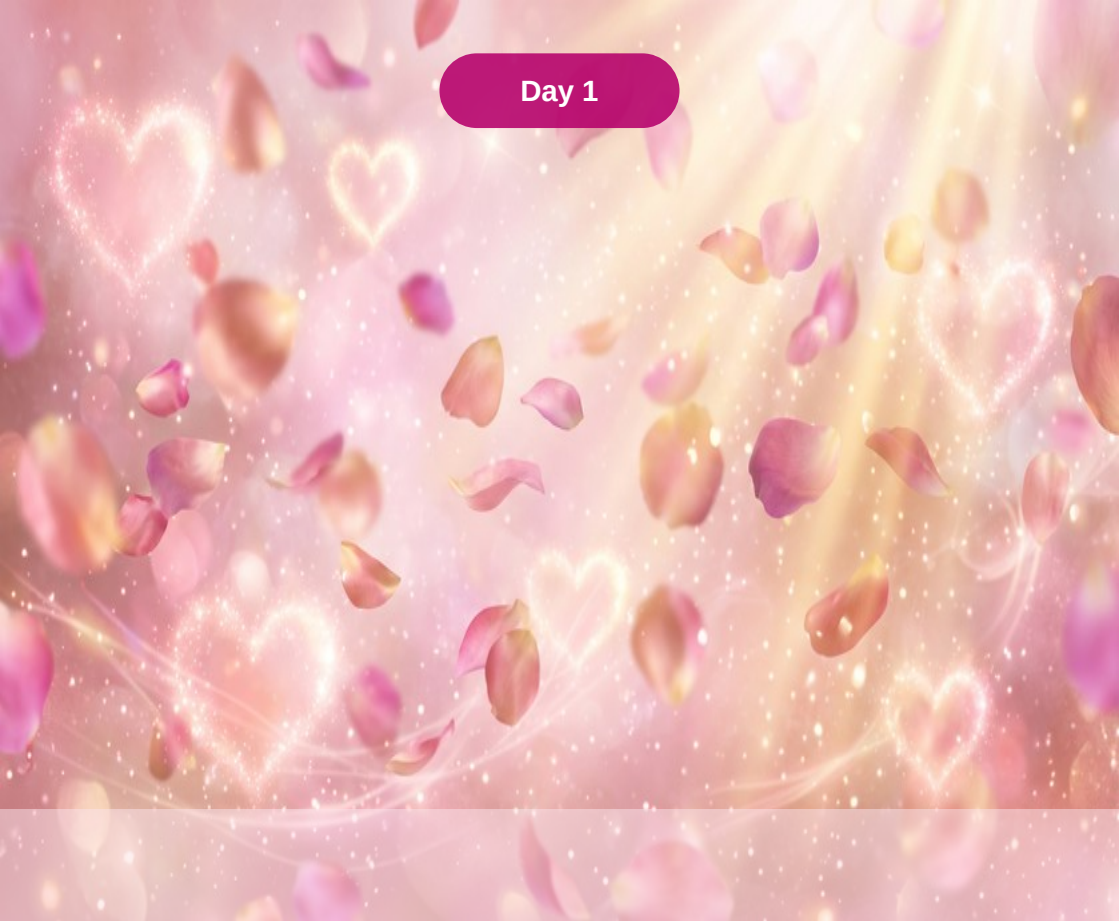
30 Days of Daily Affirmations

Love · Abundance · Healing

Confidence · Spiritual Connection

One affirmation a day

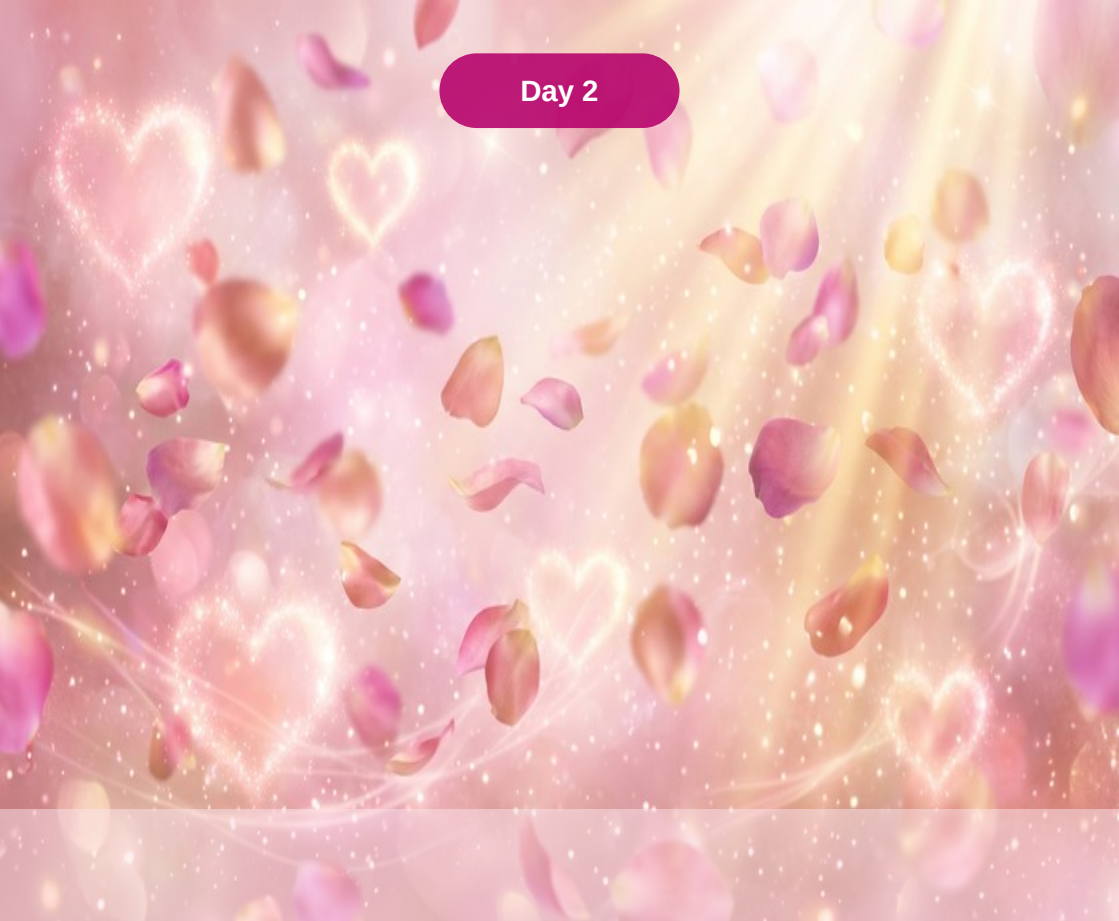
for 30 days of soul-led transformation



Day 1

■ LOVE ■

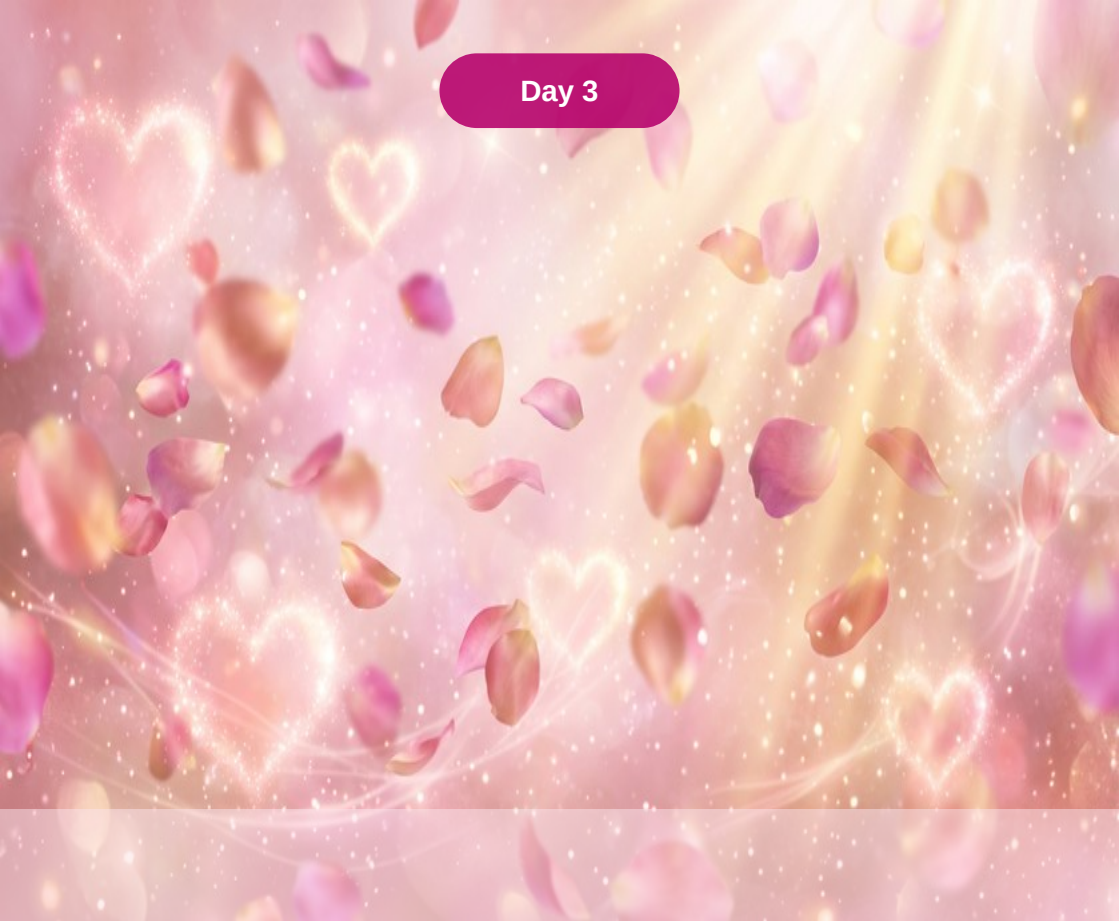
***I am worthy of deep, unconditional love —
beginning with my own.***



Day 2

■ LOVE ■

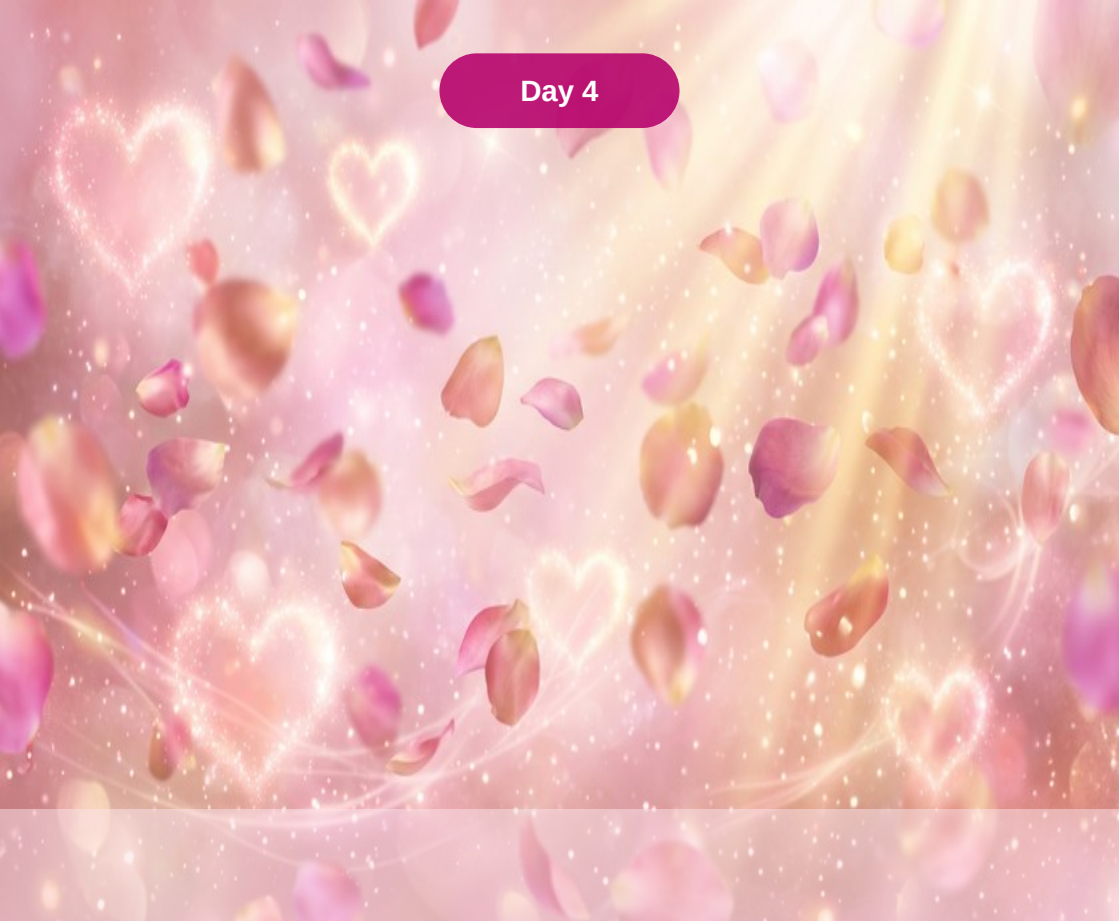
***Love flows freely through me
and returns to me multiplied.***



Day 3

■ LOVE ■

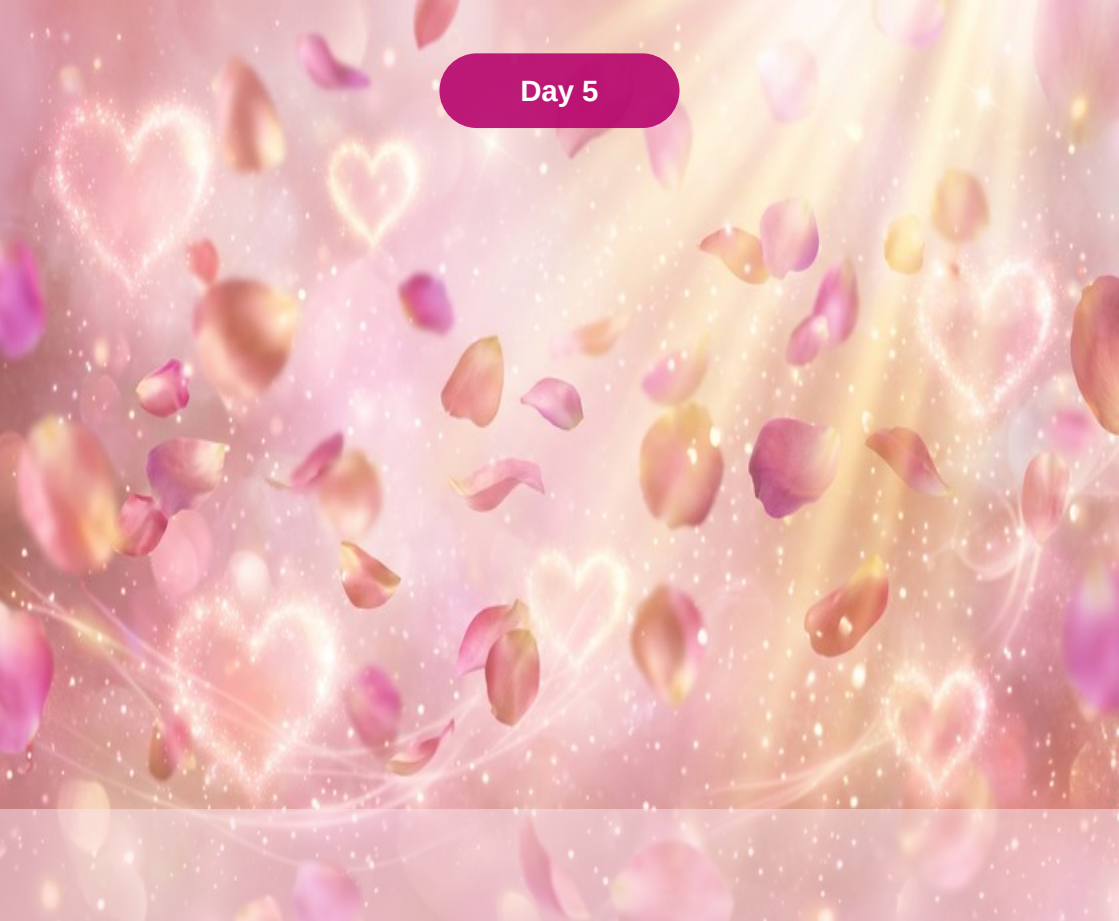
My heart is open, tender and brave.



Day 4

■ LOVE ■

***I attract love that honours my soul
and celebrates who I am.***

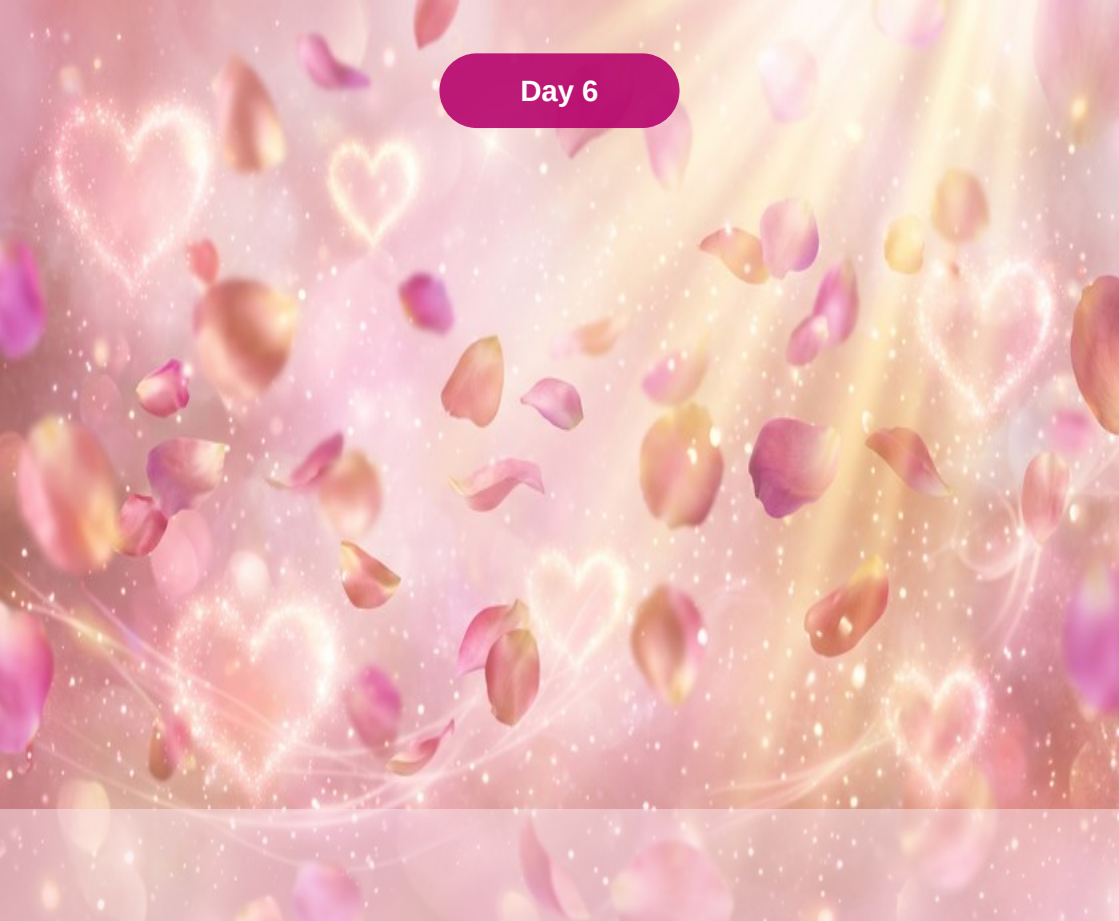


Day 5

■ LOVE ■

I am love. I radiate love.

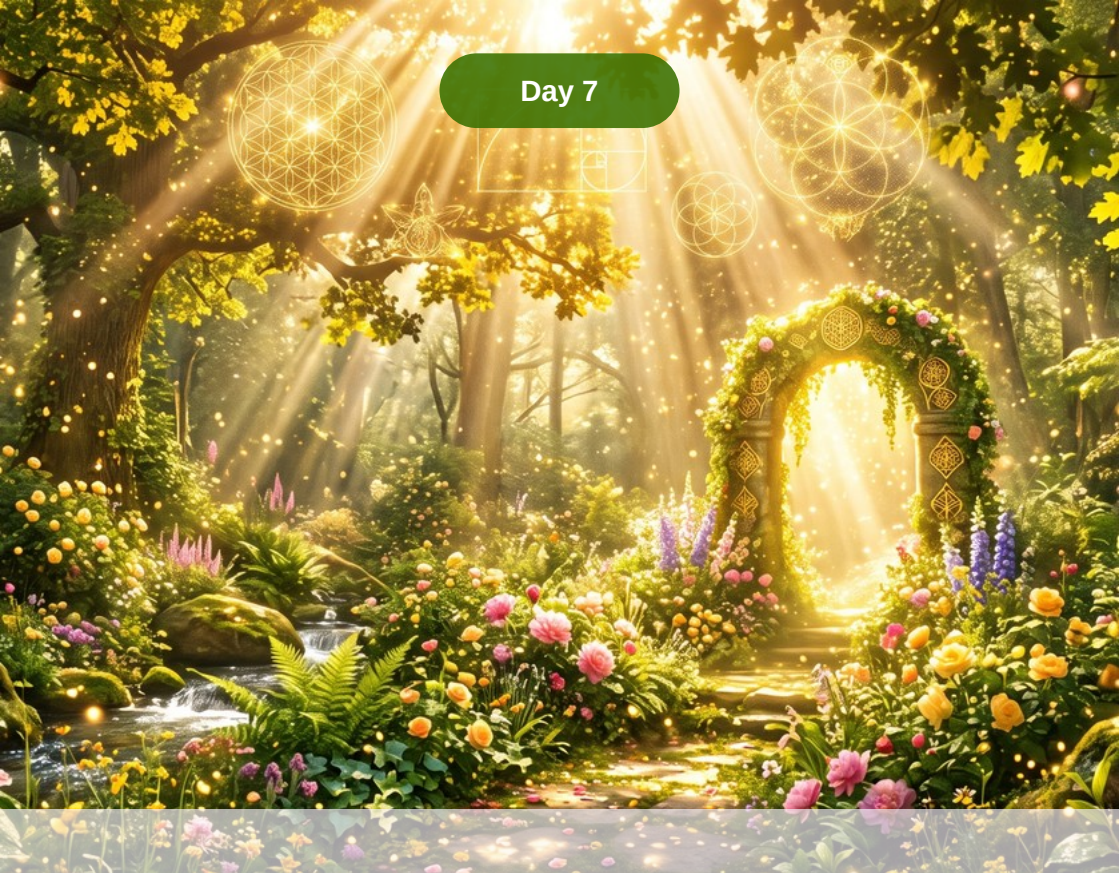
I live in love.



Day 6

■ LOVE ■

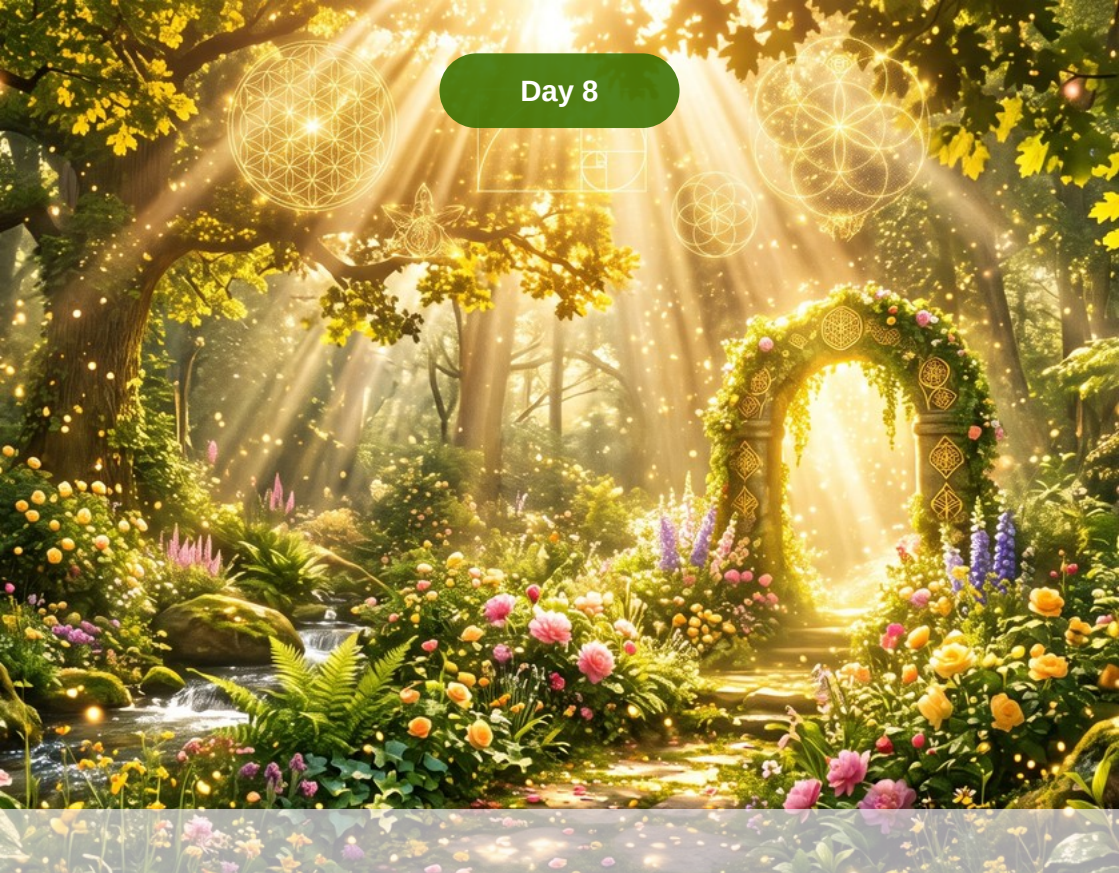
***Every cell in my body is held
in divine love.***



Day 7

◆ ABUNDANCE ◆

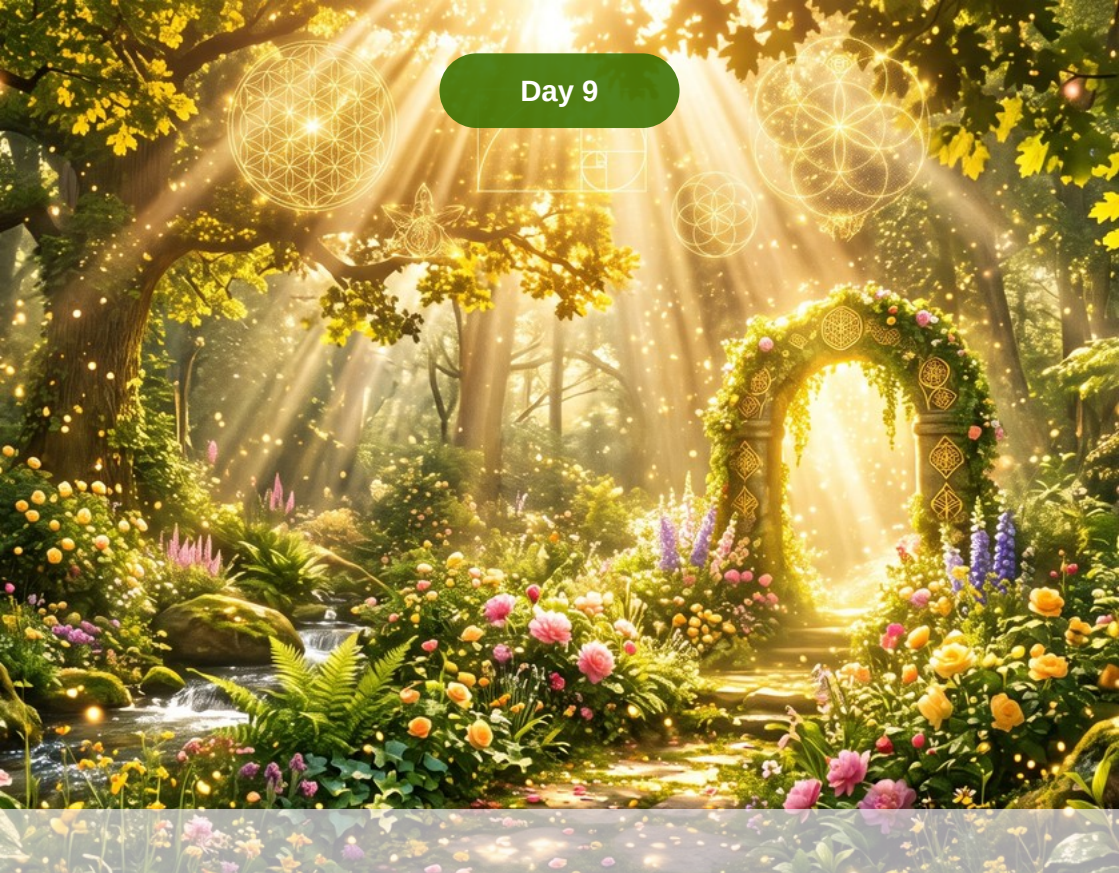
***I am open to receiving abundance
in all its beautiful forms.***



Day 8

◆ ABUNDANCE ◆

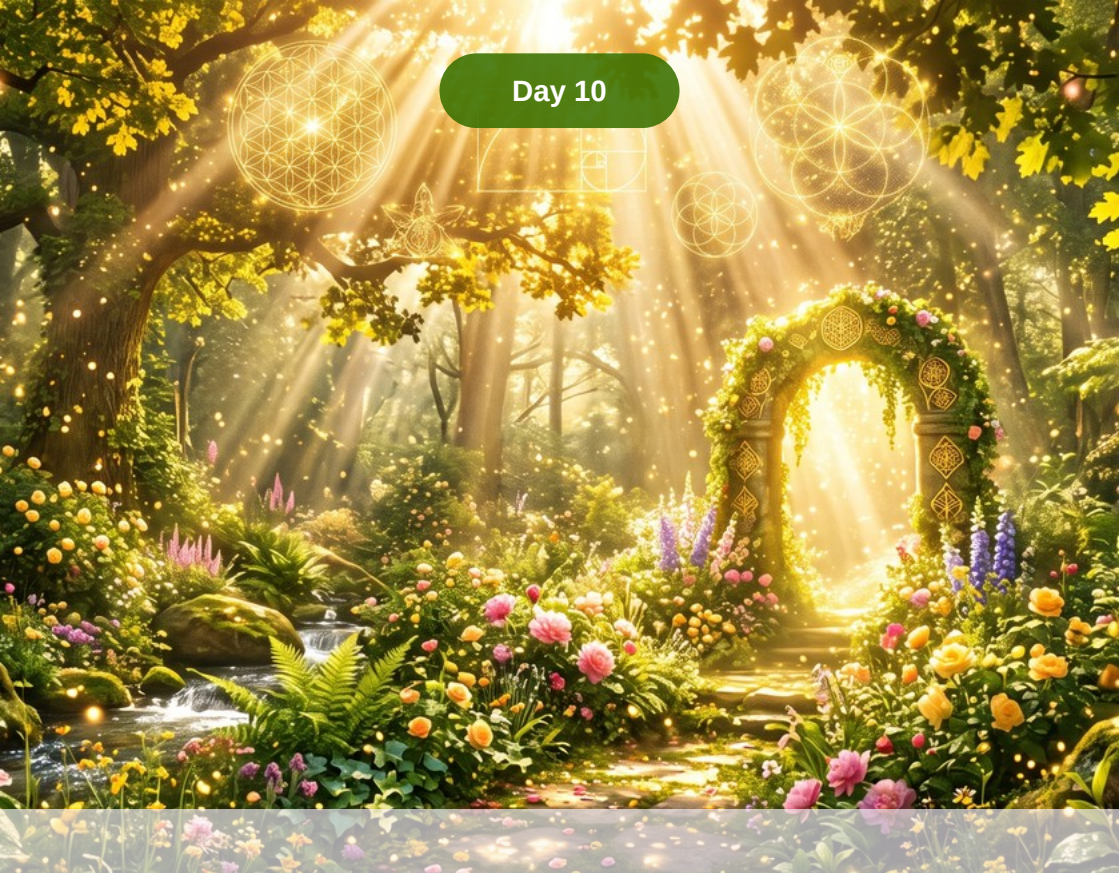
***The universe is always conspiring
in my favour.***



Day 9

◆ ABUNDANCE ◆

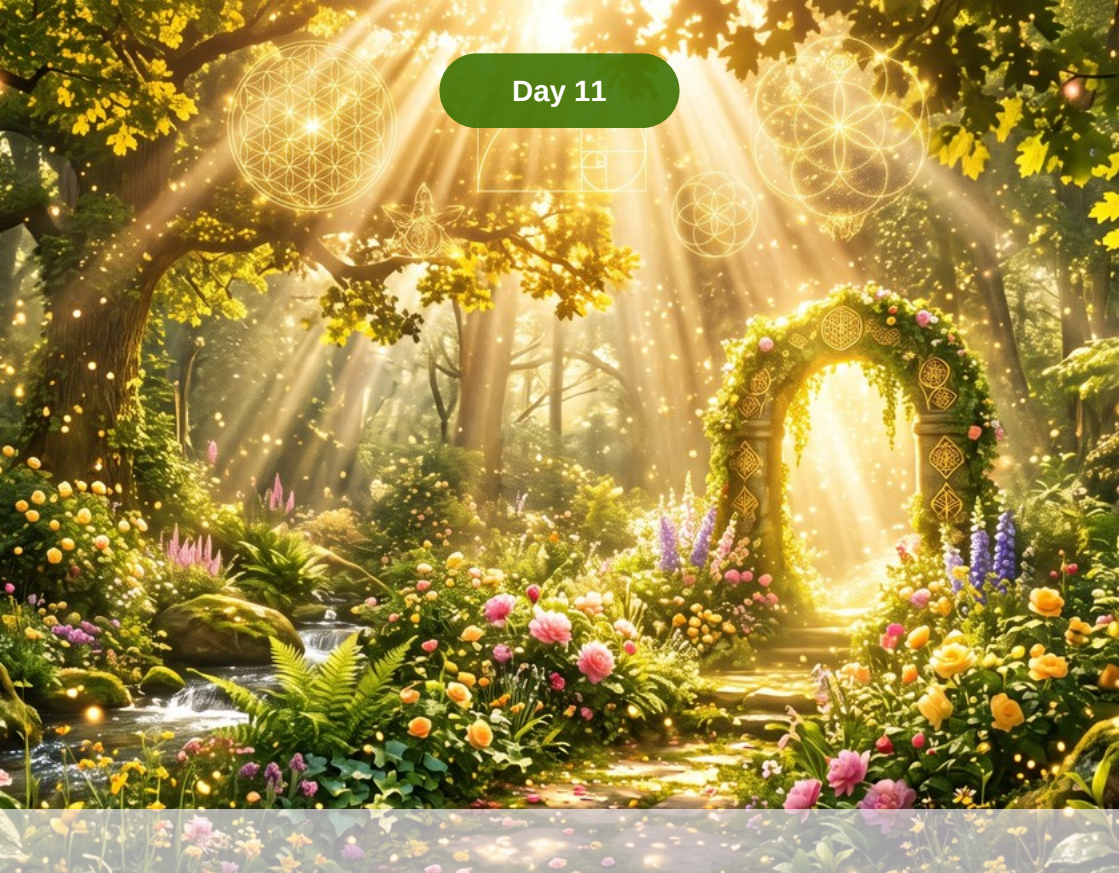
***I deserve prosperity, and it flows to me
with ease and grace.***



Day 10

◆ ABUNDANCE ◆

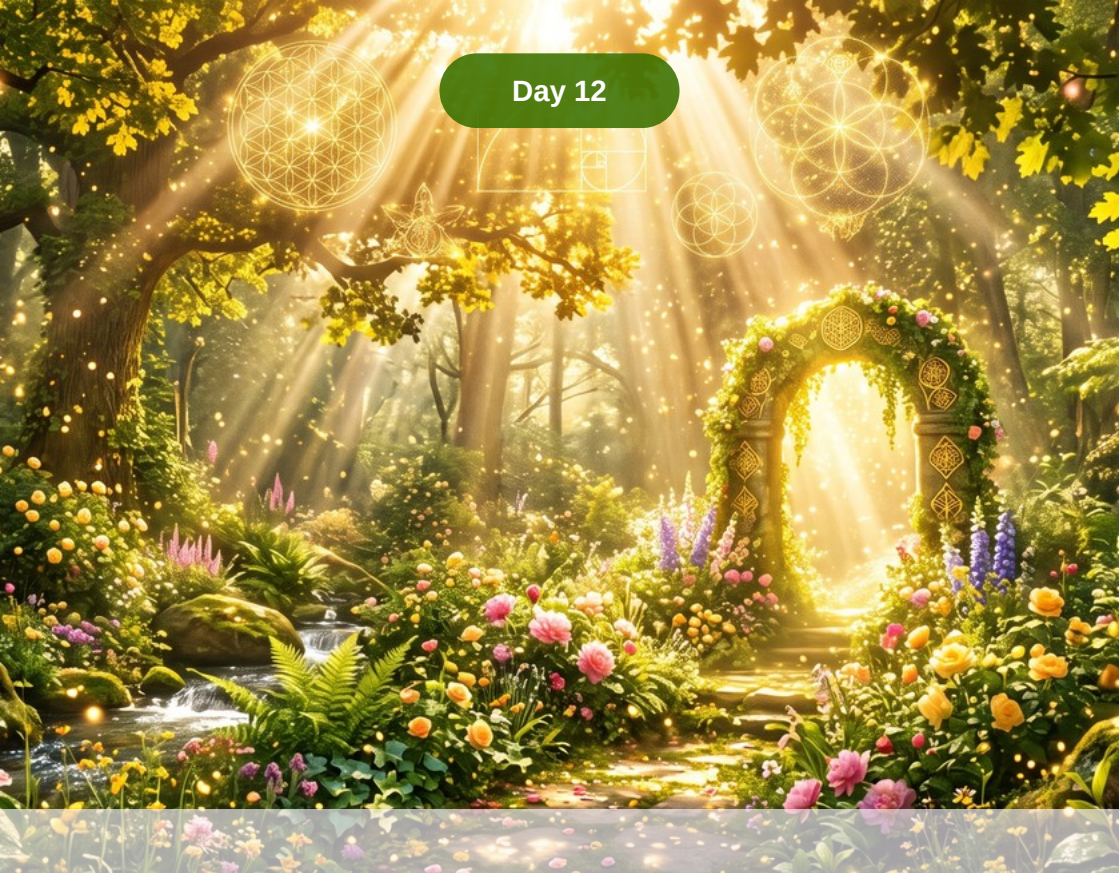
***Abundance is my natural
state of being.***



Day 11

◆ ABUNDANCE ◆

***I release all blocks to receiving
and welcome infinite blessings.***



Day 12

◆ ABUNDANCE ◆

***Every day I align more deeply with
the frequency of abundance.***



Day 13

✿ HEALING ✿

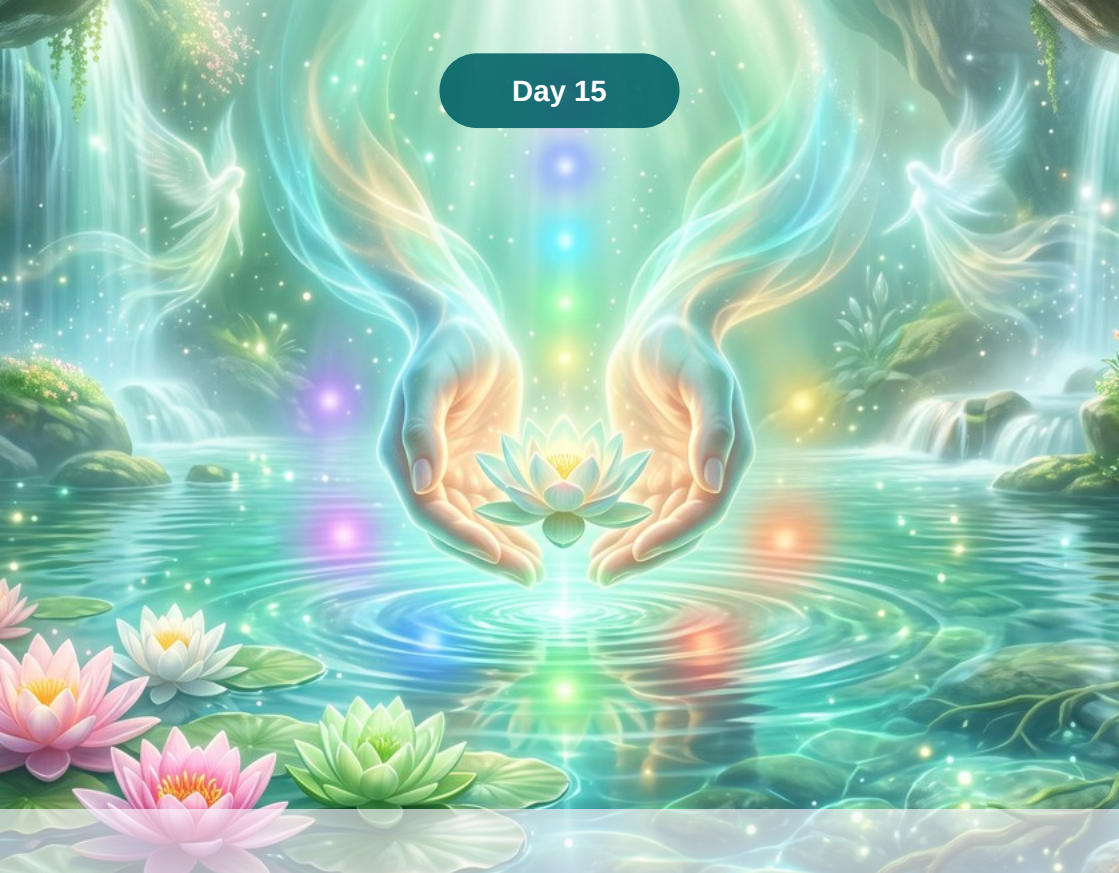
***My body knows how to heal,
and I trust its wisdom.***



Day 14

✿ HEALING ✿

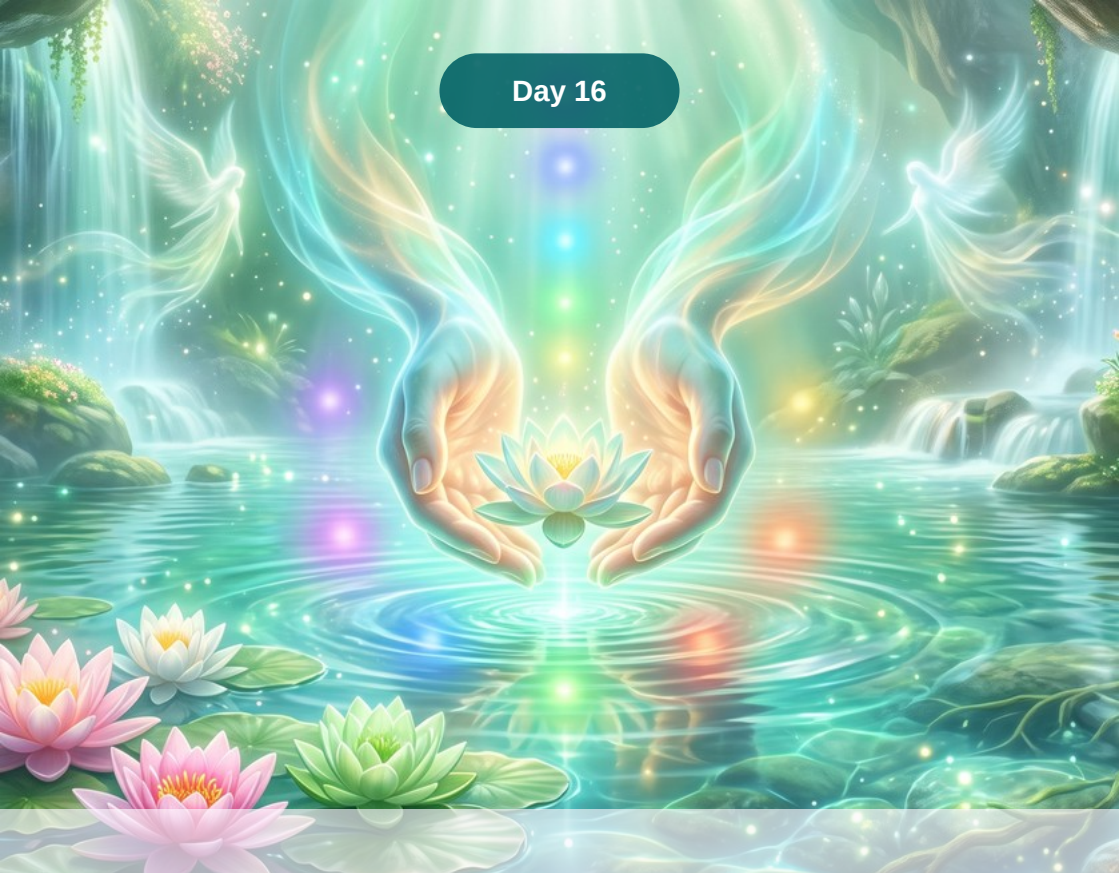
***I release what no longer serves me
with love and gratitude.***



Day 15

✧ HEALING ✧

***Every breath I take fills me
with healing light.***



Day 16

✧ HEALING ✧

I am whole. I am healing.
I am restored.

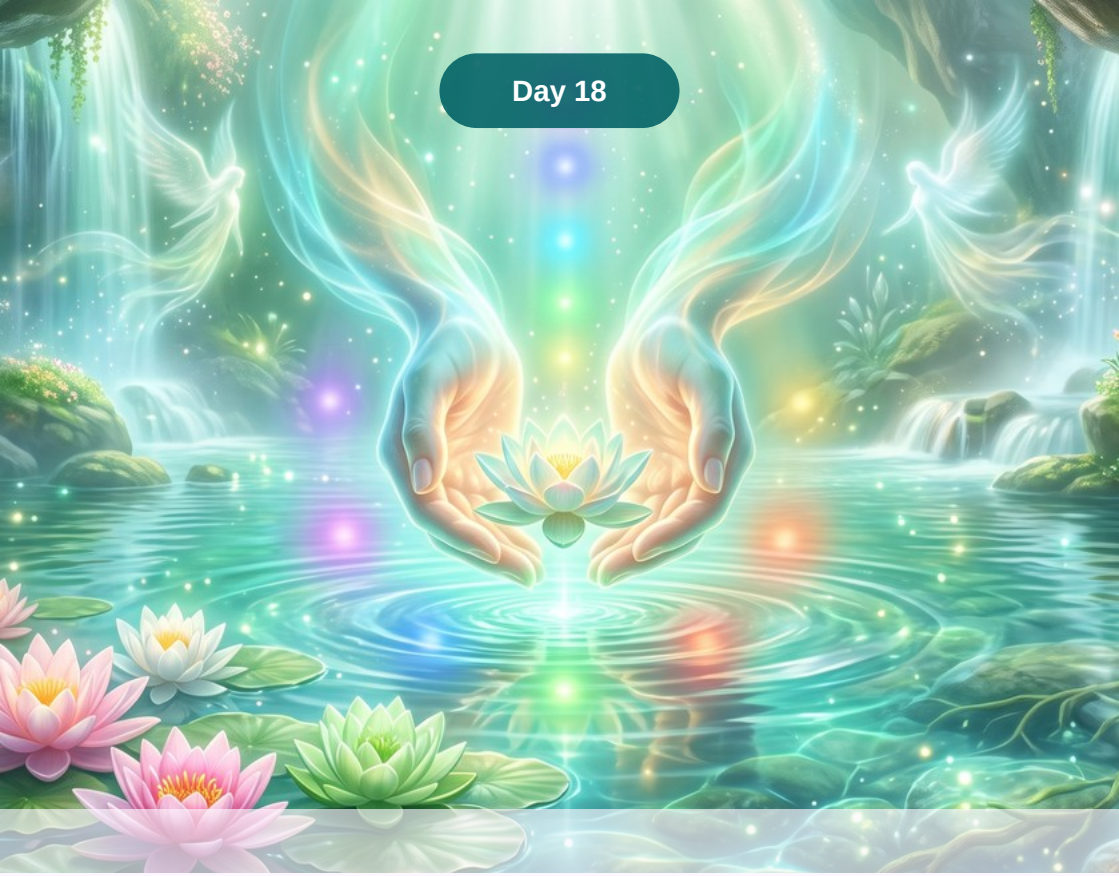


Day 17

✧ HEALING ✧

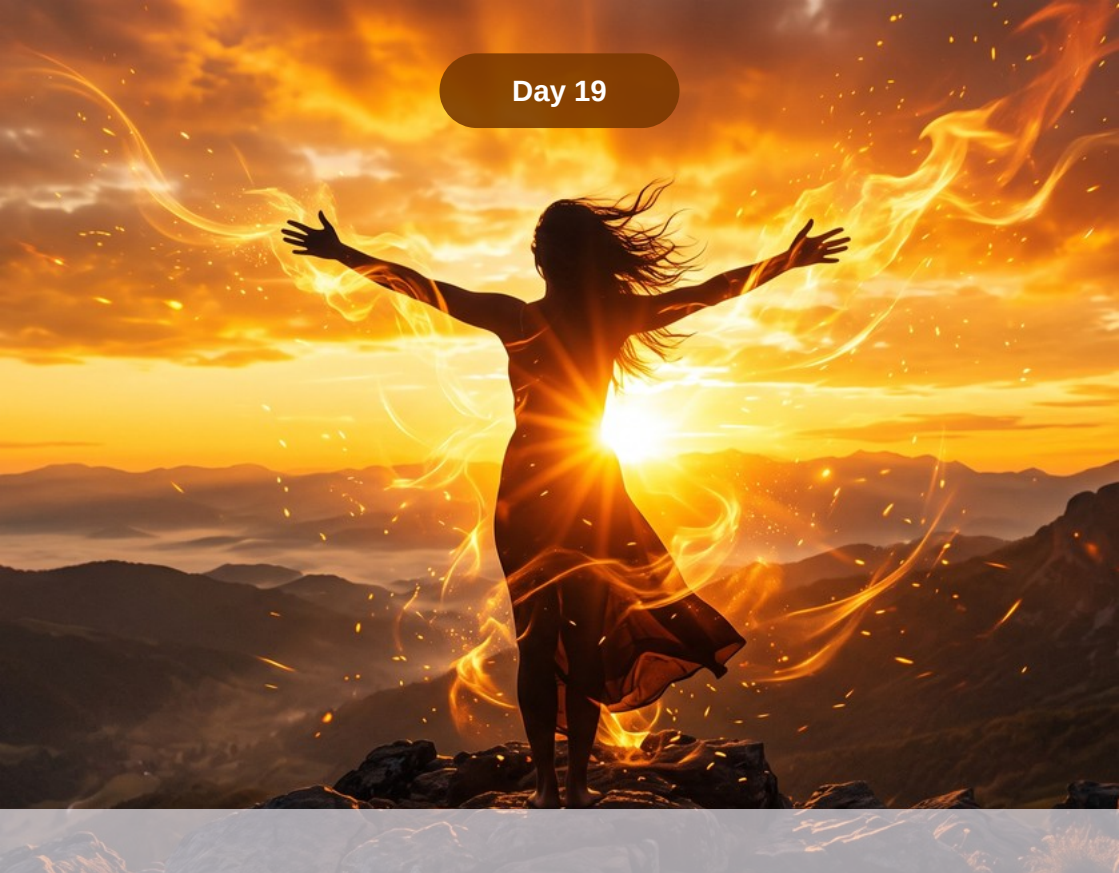
***I give myself permission to heal
at my own pace.***

Day 18



✧ HEALING ✧

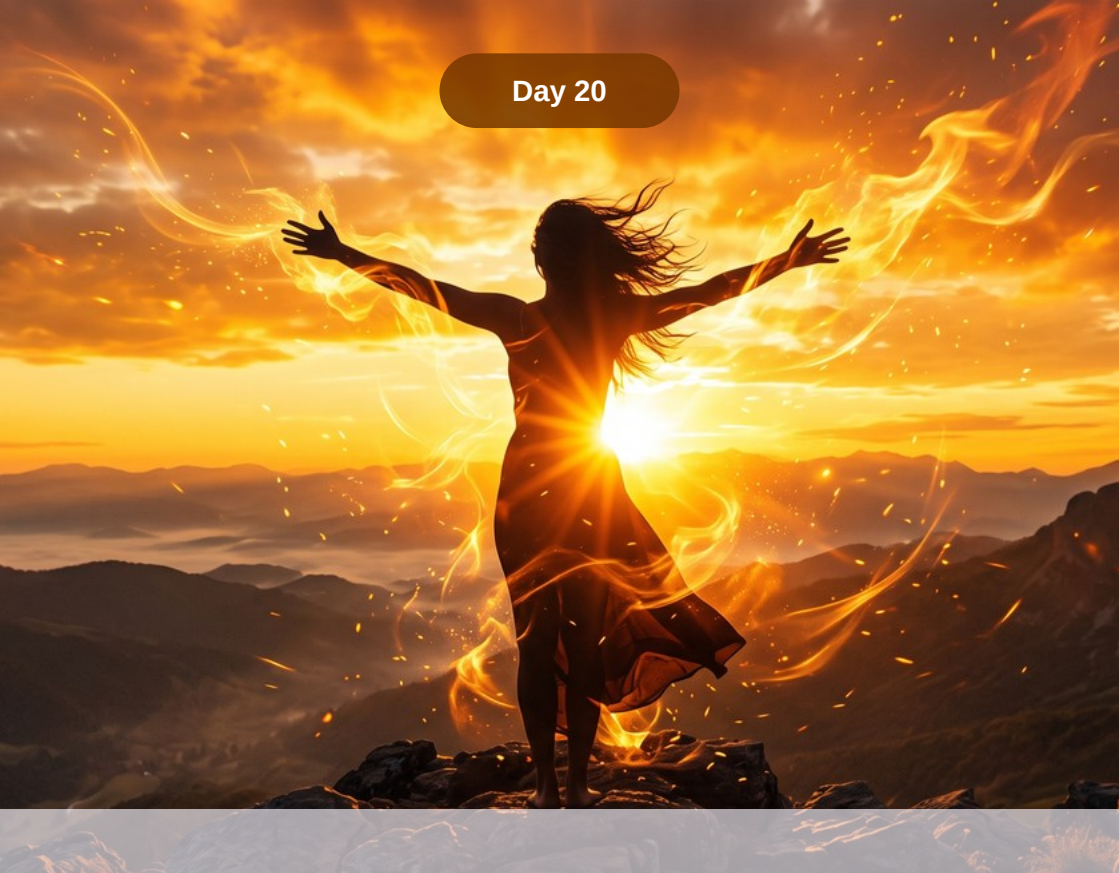
***Divine healing energy flows through
every part of my being.***



Day 19

★ CONFIDENCE ★

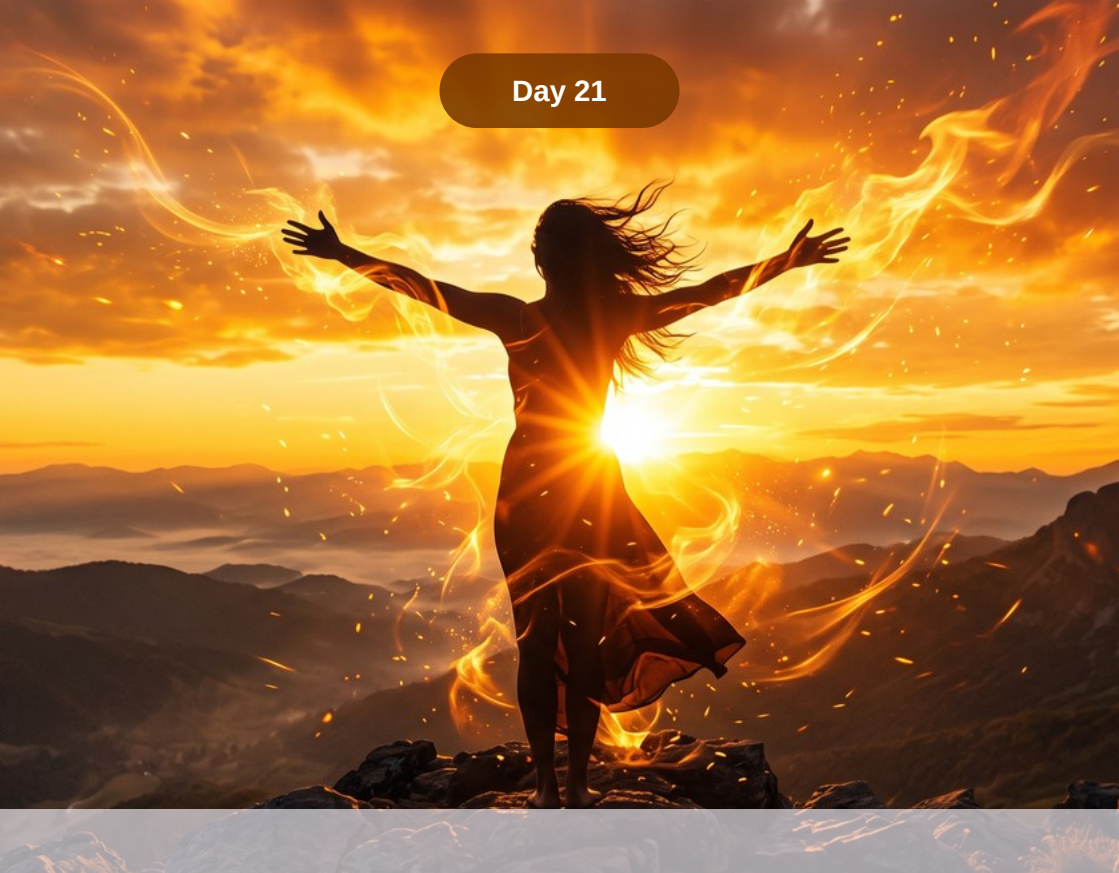
***I trust myself completely and step
forward with courage.***



Day 20

★ CONFIDENCE ★

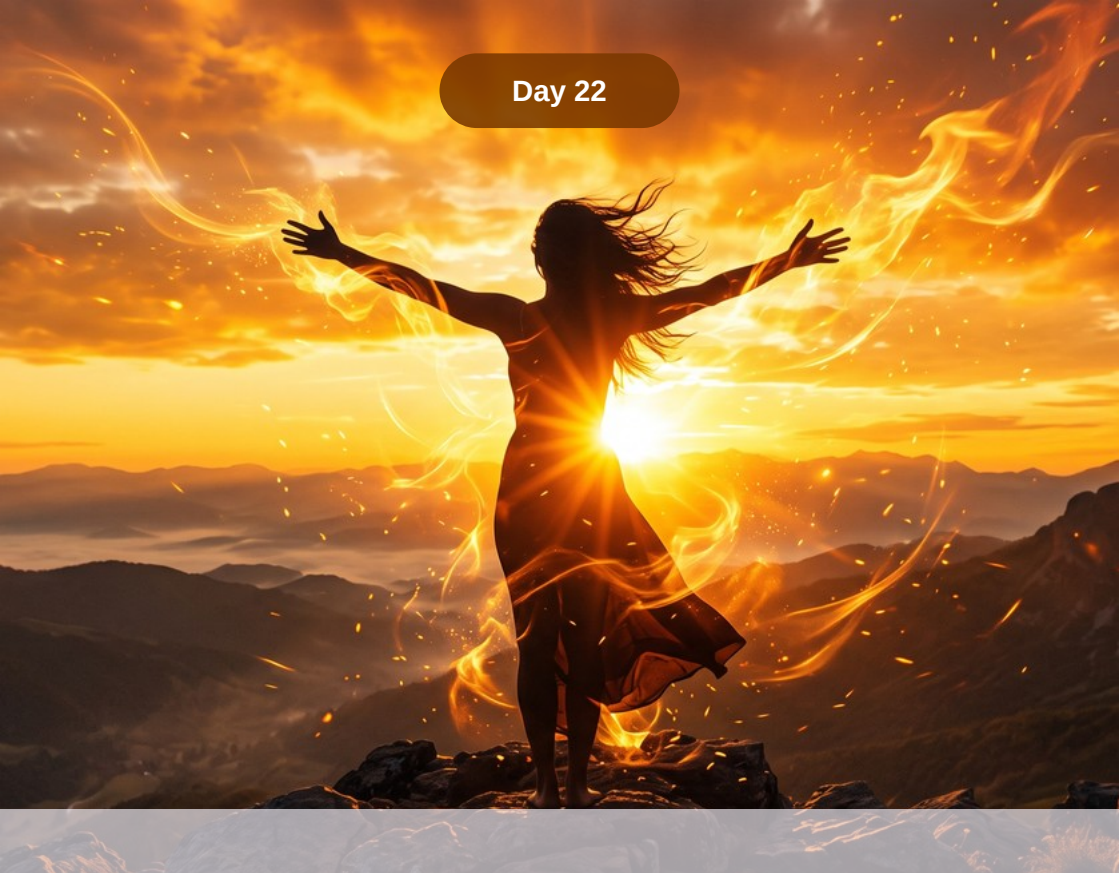
***I am powerful beyond measure and
worthy of all I desire.***

A person stands on a rocky peak, arms outstretched, surrounded by fire and a bright sun. The scene is set against a backdrop of a sunset or sunrise over a mountain range. The person's dress is flowing, and the fire appears to be emanating from their hands and the sun behind them.

Day 21

★ CONFIDENCE ★

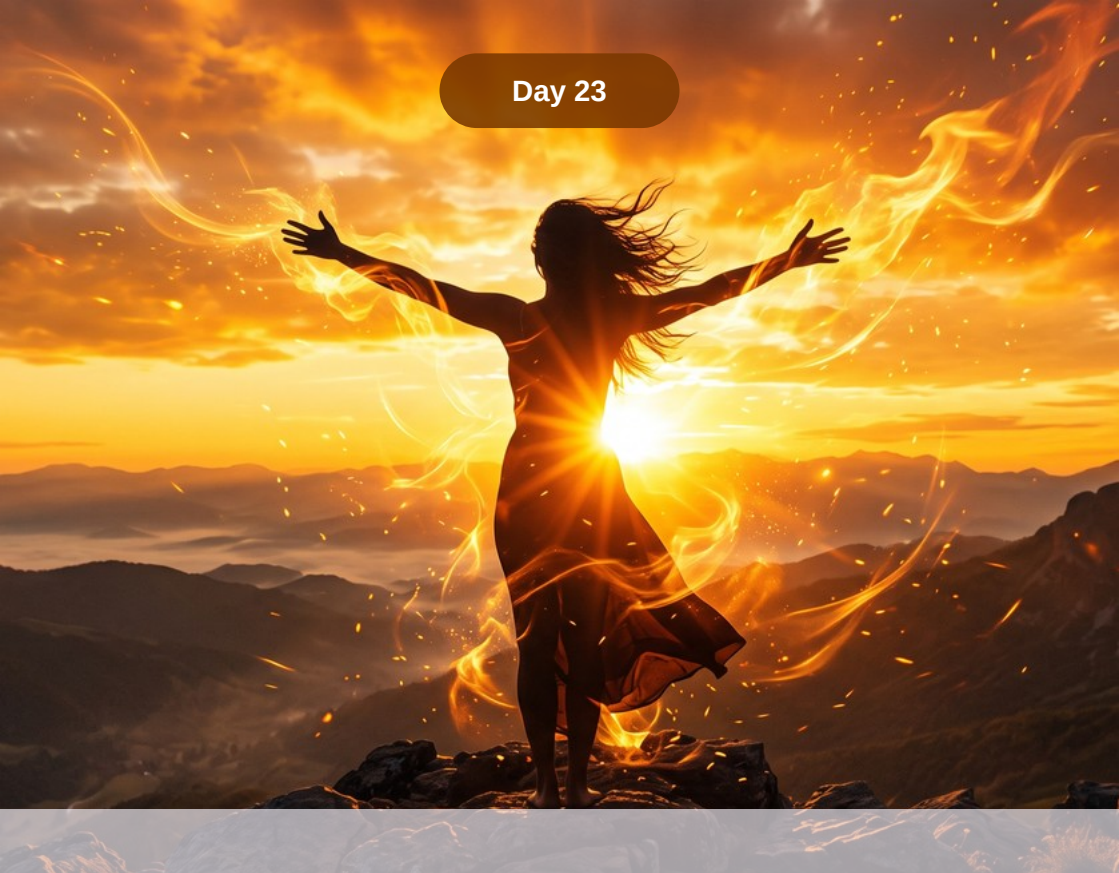
My voice matters. My story matters.
I matter.



Day 22

★ CONFIDENCE ★

***I stand in my truth with grace
and unwavering confidence.***

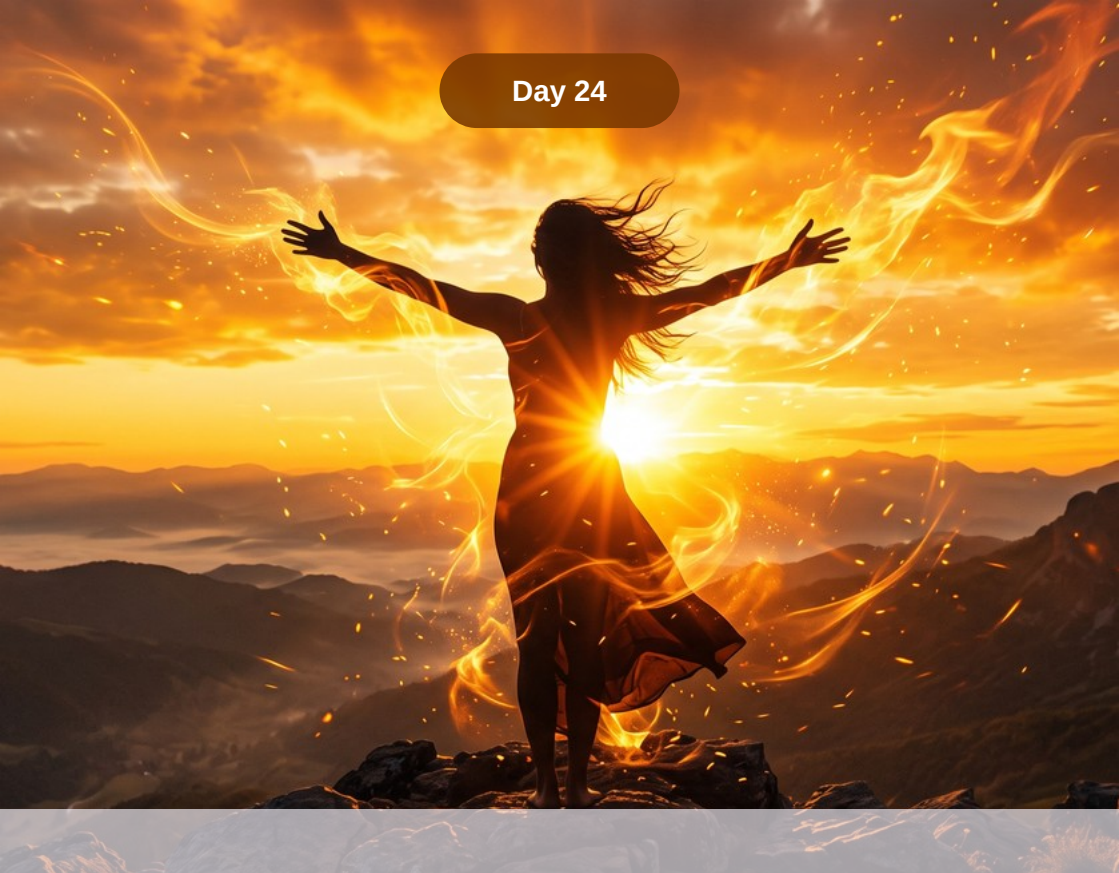
A person stands on a rocky peak, arms outstretched, surrounded by fire and a bright sun. The scene is set against a backdrop of a sunset or sunrise over a mountain range. The person's silhouette is dark, and their hair is blowing in the wind. The fire is bright and intense, with sparks and embers floating in the air. The sun is a bright, glowing orb in the center of the frame, casting a strong light across the scene. The sky is filled with orange and yellow clouds, and the mountains in the background are silhouetted against the bright light.

Day 23

★ CONFIDENCE ★

I was born for this.

I am ready.

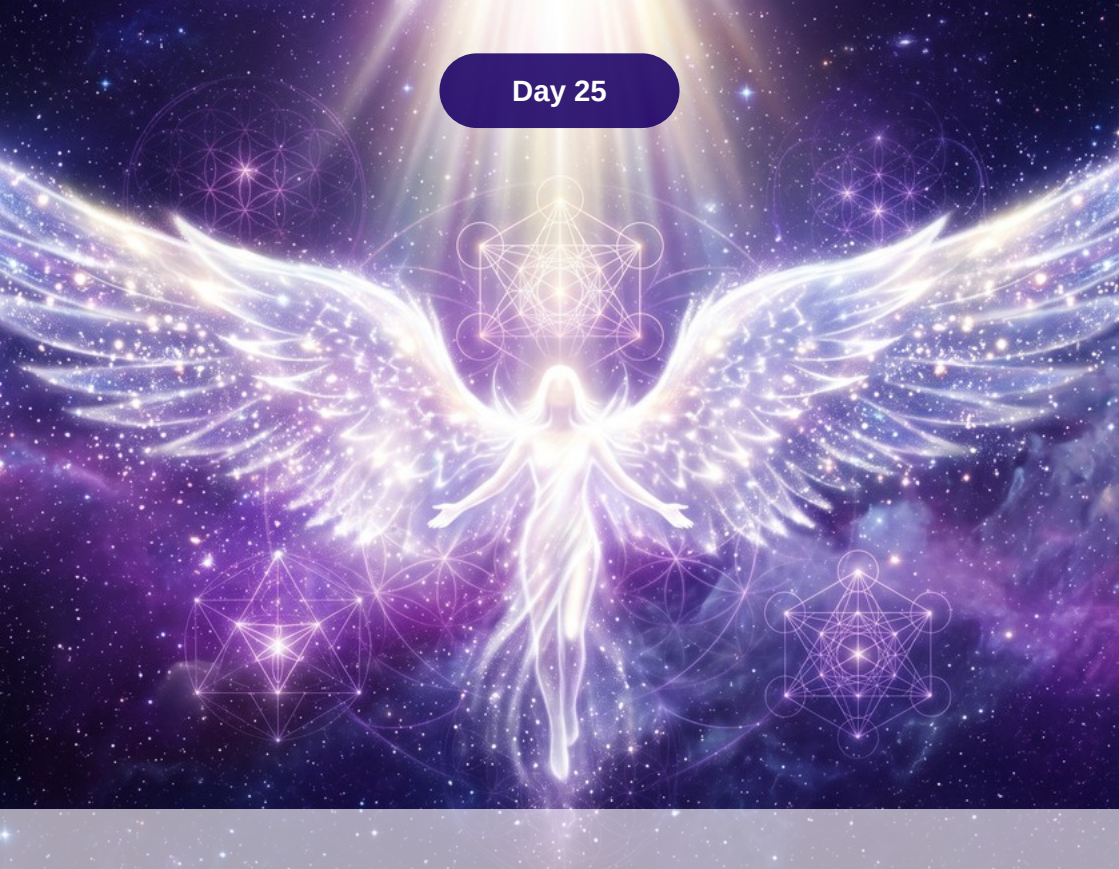


Day 24

★ CONFIDENCE ★

***I choose myself,
every single day.***

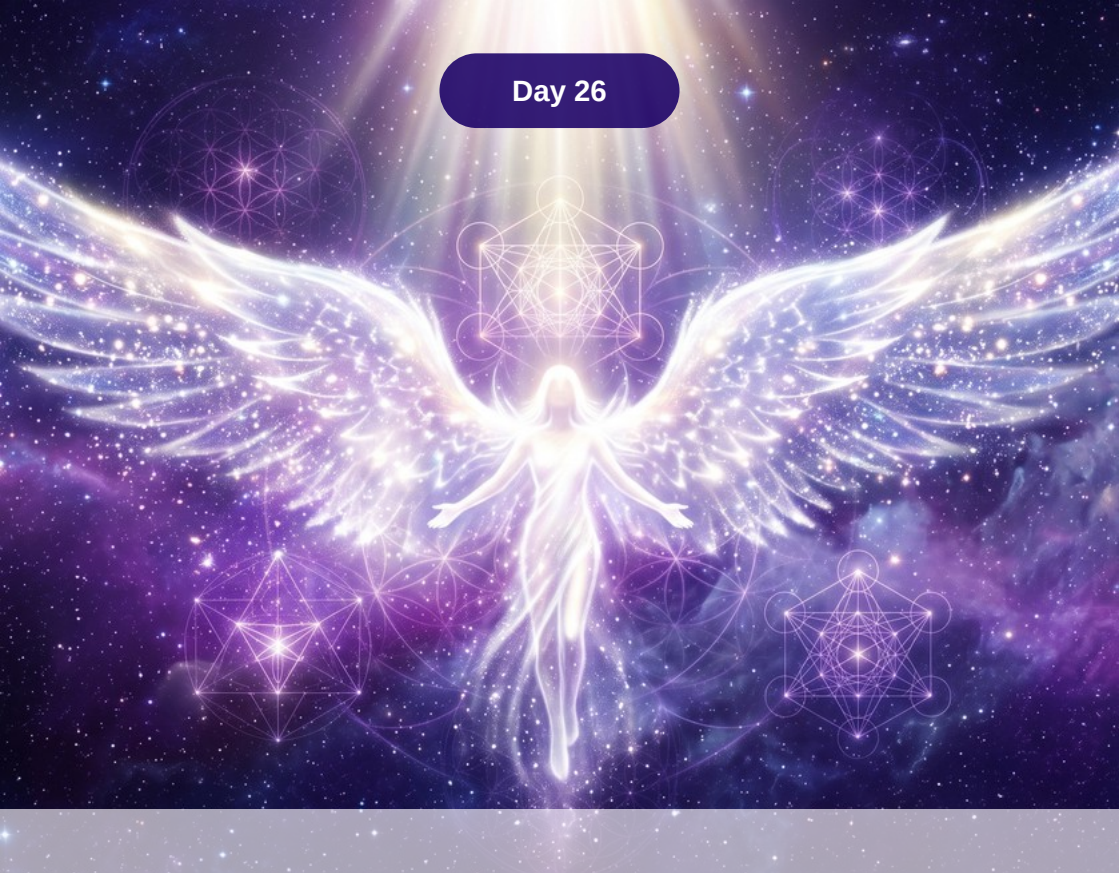
Day 25



✧ SPIRITUAL CONNECTION ✧

***I am divinely guided, protected
and deeply loved.***

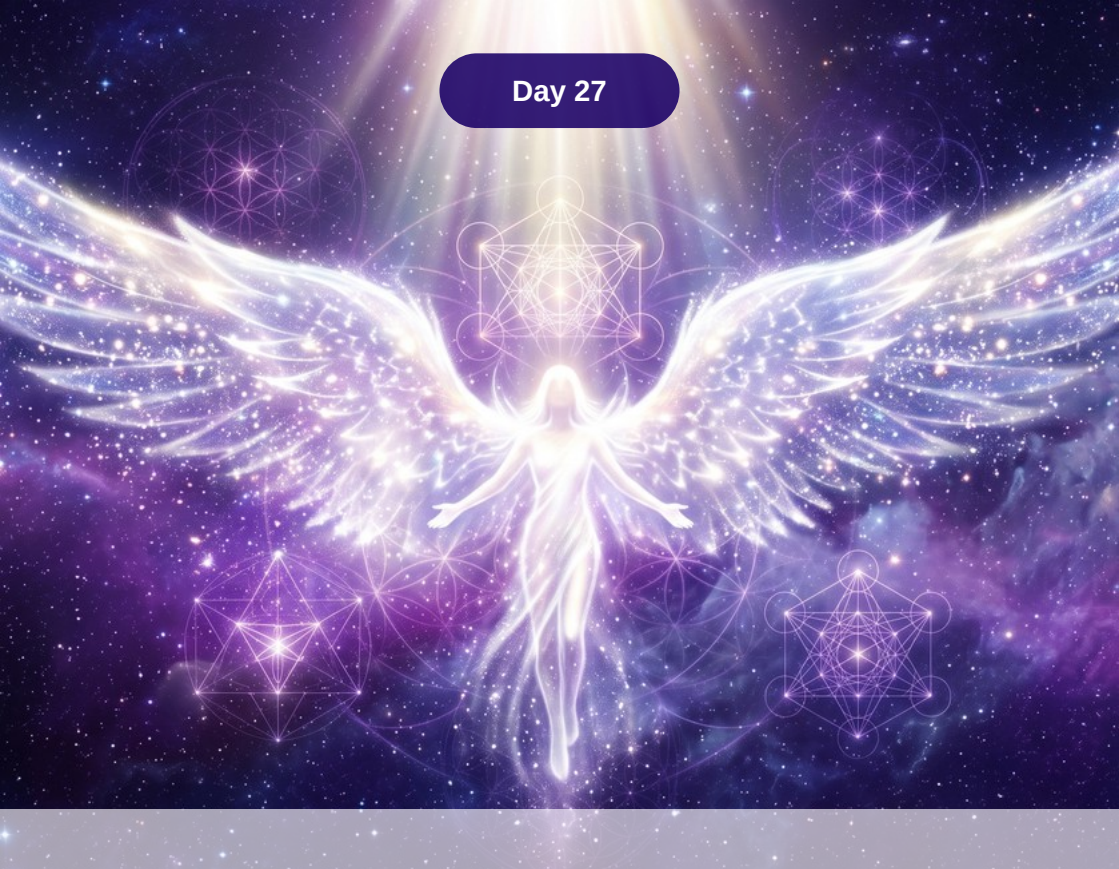
Day 26



✧ SPIRITUAL CONNECTION ✧

***I trust the path
my soul has chosen.***

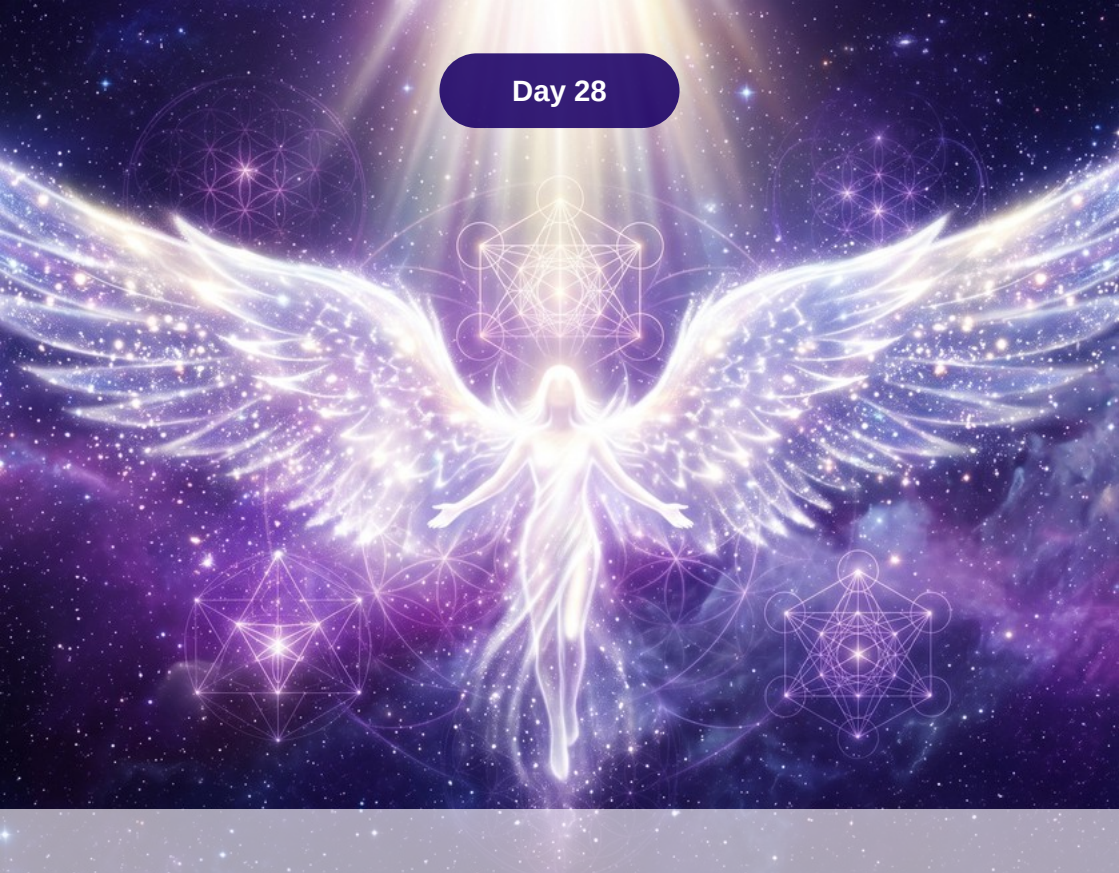
Day 27



✧ SPIRITUAL CONNECTION ✧

***I am connected to something
greater than myself.***

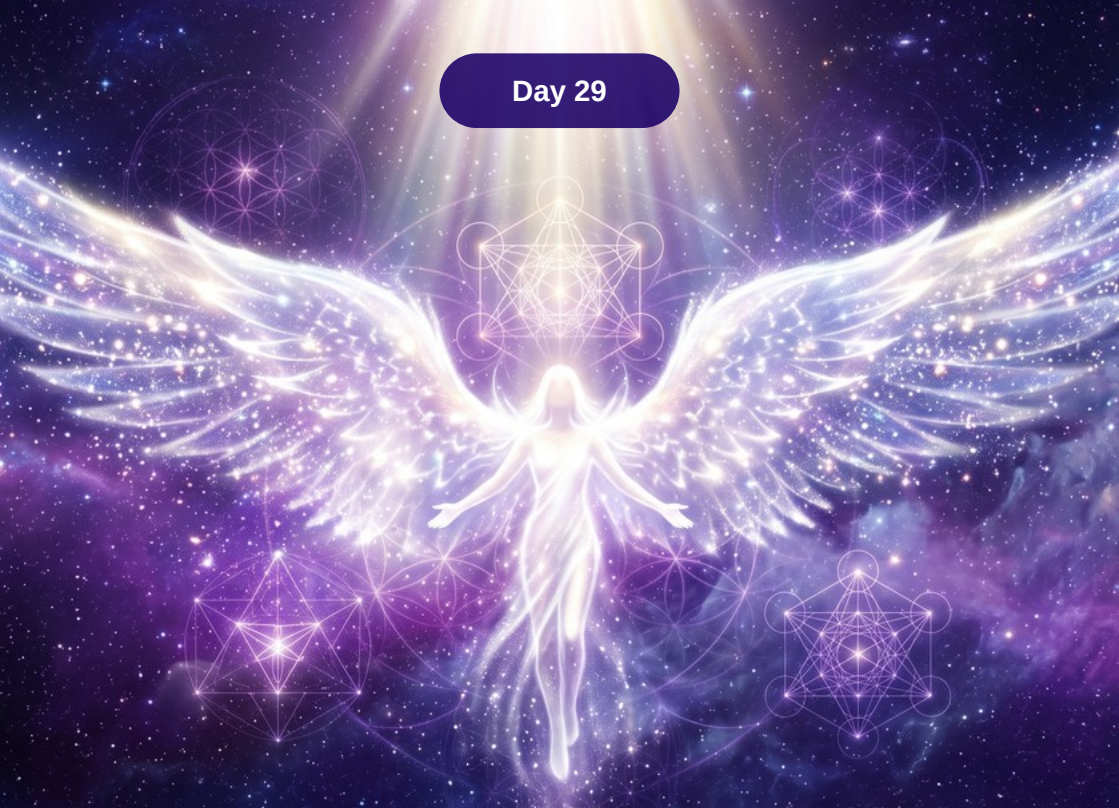
Day 28



✧ SPIRITUAL CONNECTION ✧

***The universe speaks to me
and I am listening.***

Day 29

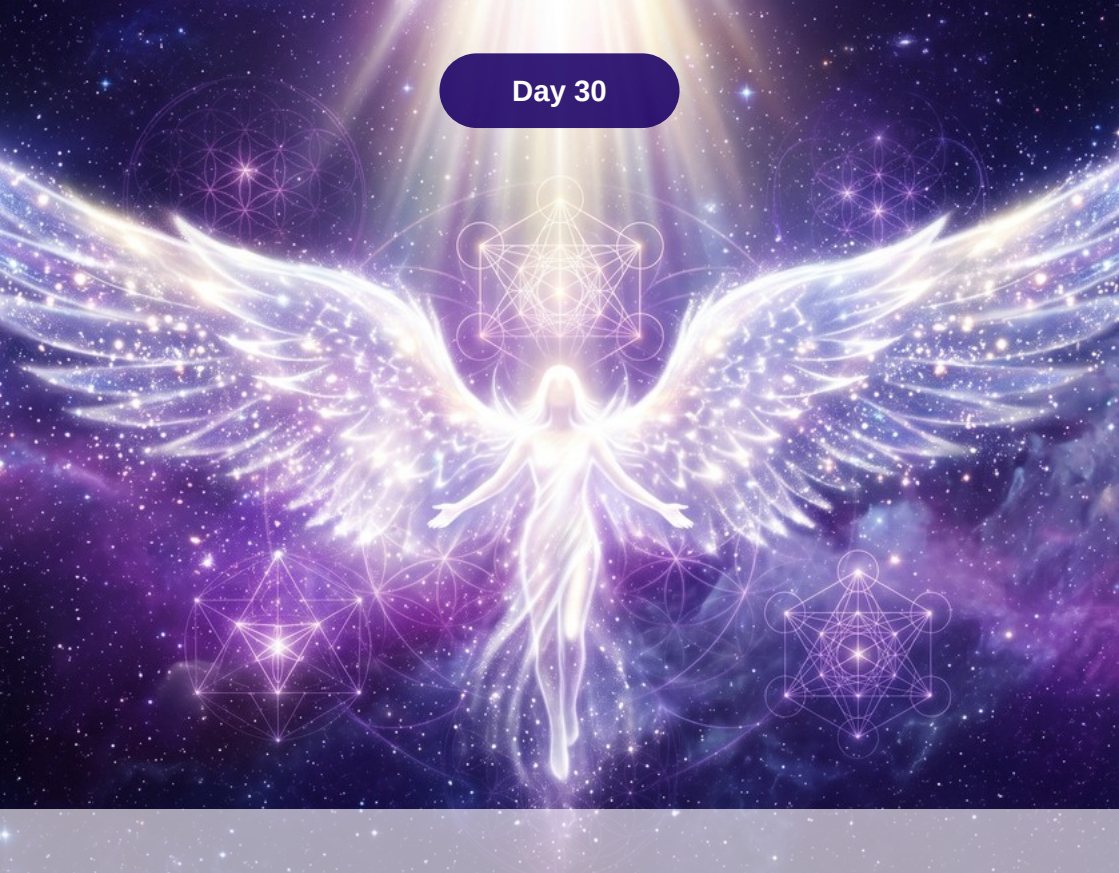


✧ SPIRITUAL CONNECTION ✧

I am light. I am love.

I am infinite.

Day 30



◇ SPIRITUAL CONNECTION ◇

***I walk in divine alignment,
every step of the way.***

THE HEALING LORE

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